Transformed Habits - Building Our Lives on Christ:  
Mark #4 Becoming a person of devotion and discipline

# Objectives

## Identify, study & implement spiritual disciplines which imitates the character of Christ and help you become more like Him.

## Discuss what it means to be devoted to someone/something.

## Create a plan to:

## Feed yourself with the word of God on a daily/weekly/monthly/annual basis

## Practice other spiritual disciplines regularly

## Learn and discuss the process of character change/transformation in our lives through spiritual disciplines.

## **Resources**

## ***“The Disciplines of the Christian Life”*** by Eric Liddell (a plan to follow)

## ***“Spiritual Disciplines for the Christian Life”*** by Donald Whitney (also en Espanyol)

## ***Podcast: The Disciple Makers Podcast – Season 5: Episode 39, July 6, 2018. www.discipleship.org/***

# Memory Verse(s)

## Your choice each week.

# Primary Heart Attitudes to Cultivate

### Humbly submit ourselves to knowing God in Jesus Christ (John 17:3) by the practice and use of spiritual disciplines.

### Ask God to transform us through deepening our devotion to and walk with Him through the practice of spiritual disciplines.

### Be filled with the grace and love of Christ as we practice our devotional disciplines, not the law keeping of the Pharisees.

# Weekly Studies

## Resource: **“Spiritual Disciplines for the Christian Life”** by Donald S. Whitney

## Each week as you read and study the assignment

## Read, underline, and make notes as you read the assignment

## Find one verse and memorize it from the reading, that Lord is speaking particularly to you about the lesson.

## Ask God to reveal to you one new lesson that you can put into practice

## ***Intro – Whitney pp.1-21***

## ***Week 1* – Whitney - pp. 21-78 – Bible Intake for the Purpose of Godliness**

### **Key Verse -**

### **Key Application -**

## ***Week 2* - Whitney – pp. 79-100, & 191-220 - Prayer and Fasting**

### **Key Verse –**

### **Key Application -**

## ***Week 3* – Whitney – pp. 119-158 – Evangelism and Serving**

### **Key Verse –**

### **Key Application –**

### ***Week 4* – Whitney – pp. 101-118, & 159-190 – Worship and Stewardship**

### **Key Verse –**

### **Key Application –**

### ***Week 5* – Whitney - pp. 221-248, & 249-270 – Silence and Solitude, Journaling**

### **Key Verse –**

### **Key Application –**

### ***Week 6* – Whitney – pp. 271-286, & 287-304 – Learning and Perseverance**

### **Key Verse** –

### **Key Application -**